

Health and Wellbeing Board Business Plan Update

Simon Bryant, Director of Public Health

Who are we? What do we do?

The role of the Health and Wellbeing Board is for the purpose of advancing the health and wellbeing of the people of Hampshire and to encourage persons who arrange for the provision of any health or social care services in Hampshire to work in an integrated manner.

The Health and Wellbeing Board agrees a '[Joint Health and Wellbeing Strategy](#)'. The current strategy has been agreed for 2019-2024.

There is a new emphasis on collaboration, population health and integration, including new models of care and recognising the power of place in development of Integrated Care Systems and the value of:

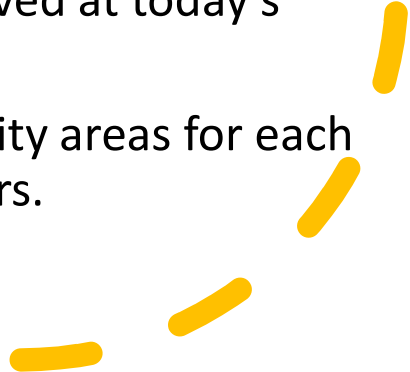
- collaborating at different levels in the system;
- building up from places and neighbourhoods;
- providing leadership across the system; and
- focusing on functions that are best performed at scale.

Board Achievement and Priorities

A review of [our business plan](#) shows we have achieved what we set out to do. Updates on all theme areas are being received by the Board and built into the forward planning:

- Post Covid challenges noted in [Starting Well theme update](#)
- Working through Covid challenges noted in [Living Well theme update](#)
- Progress and ongoing priorities for [Healthy Communities theme update](#)
- Focus areas through Covid for [Ageing Well theme update](#)
- The Dying Well theme update will be received at today's meeting

The following slides outline the current priority areas for each of the themes and actions for Board Members.



‘Strategic Leadership’ Simon Bryant

Priority Areas	Actions
Refresh the JSNA to ensure board actions are based on the population health needs	Sign off the JSNA and embed findings with own organisation and agree actions to take forward together
Embed the physical activity strategy and to support the focus on those who are the least active	Agree joint actions and develop local action plans for own areas of responsibility Organisations and individuals make the #WeCanBeActivePledge target of 250 in the first year
Continue to develop membership, structures and visibility in light of ICS developments and the needs of the Board	Ongoing review

‘Starting Well’ Steve Crocker

Priority Areas	Actions
The emotional wellbeing of children in the context of Covid recovery	Further co-ordination of actions and plans
The rise in domestic abuse in the context of Covid recovery	Overseeing the work of partners engaged in the approach to tackling Domestic Abuse and to understand the broader impact of domestic abuse during Covid and the impact upon services

“Living Well” Dr Barbara Rushton

Priority Areas	Actions
Healthy hearts <ul style="list-style-type: none">• Long term plan asks for reduction of 150,000 strokes and heart attacks by 2029• 136,000 die from CVD compared to 100,000 from covid last year• 30% of people with hypertension are undiagnosed• 30% of people with hypertension have their own BP monitor• Healthy hearts programme distributed 5000 monitors to surgeries where BP less well controlled	<ul style="list-style-type: none">• To focus on reducing heart disease through collective action on risk factors smoking, and obesity• The Board is asked to alert patients and practices of new cases whether you are in an acute, community, social care or third sector organization
Implementing “we can be active” strategy <ul style="list-style-type: none">• Many people have gained excess “covid pounds”• Lockdown has increased social isolation and reduced mental health and wellbeing which exercise has been shown to improve• Many people are still afraid to come outside and exercise	<ul style="list-style-type: none">• The Board is asked to note the ask for leaders to work together to implement the strategy and to support the focus on those who are the least active• Organisations and individuals are asked to help make the #WeCanBeActivePledge target of 250 in the first year

“Ageing Well” Graham Allen

Priority Areas	Actions
Embed the physical activity strategy	That the Board to commit to the roll out of Energise Me training on the benefits physical activity for older people within their organisations to improve the knowledge and confidence of the paid and unpaid workforce in having conversations to support behaviour change
To work collaboratively with health partners to extend the use of HCC’s TEC Service to further support Hampshire’s Ageing Well Strategy – focussing initially on falls and UCR in North and Mid Hants.	<p>For the Board to confirm their commitment to increasing the role of TEC in supporting Hampshire population to ‘Age Well’ through:</p> <ol style="list-style-type: none">1) Health partner investment in direct referral pathways from NHS services (initially Falls Car & UCR) to help reduce demand on services2) Actively supporting the promotion of the Hampshire ‘Private Pay’ TEC service, by raising awareness of the local offer across NHS and voluntary sector organisations, so that more Hampshire residents are able to benefit from the local TEC offer. <p><i>Further details in Appendix.</i></p>

Healthier Communities' Cllr Anne Crampton

Priority Areas	Actions
<p>Keeping People Safe and Well at Home - the Health Begins at Home MOU is being finalized - a shared commitment between HLOW system partners to work collaboratively to ensure that individuals live in a healthy, safe, and secure home. This includes a commitment to joint action against four main priorities:</p> <ol style="list-style-type: none"> 1. Preventing homelessness through improved partnership working 2. Ensuring everyone can stay safe in their own homes 3. Committing to joint strategic decision making and commissioning across health, housing, social care and community services 4. Setting out processes to continually learn and improve <p>A workforce development proposal is being produced which will include an overview of current training resources available and recommendations to ensure continued partnership working across the system to help keep people safe and well at home.</p>	<p>To endorse the final version of the Health Begins at Home MOU</p> <p>To promote the Keeping People Safe and Well at Home training resources within relevant networks and encourage participation/uptake</p> <p>To review the recommendations from the workforce development proposal and identify the most appropriate workstream to take these forward</p>
<p>Healthy Environments - ensuring health considerations are fully integrated into local plans and planning policies, carrying out longer term planning on threats to health such as climate change, and ensuring air quality is considered by all including the NHS</p>	<p>All partners to engage in the improvement of air quality and the development of an action plan</p>

‘Dying Well’

Priority Areas	Actions
Consistent approach to end of life care development of Hampshire wide EOLC Dashboard	Agree the actions outlined in the Dying Well report to be received today
Develop a common approach to end of life care plans and programme across the system such as the ReSPECT tool or other	Promote bereavement work and support services
Ensuring reaching out to all communities successfully, mapping of existing service provision complete	
Specialist bereavement training and service provision shared via community portals	

Collective Actions for the Board



The business plan shows that we have achieved key priorities for the system.



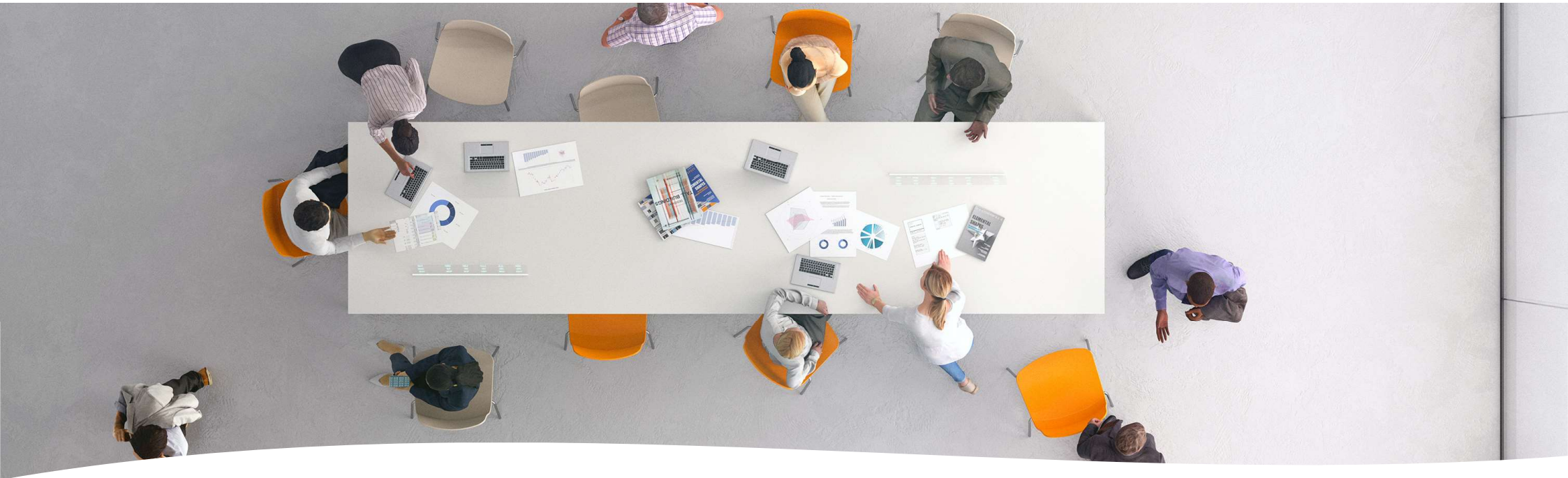
As a Board we need oversight of key actions and a watching brief monitored through annual updates.



The Board needs to move to agreed collective action on areas where we can be effective. This will include areas that need senior input, or areas of health and wellbeing where improvements in outcomes have not progressed positively.



This will require engagement by all parties and use of collective resources.



Thank you to all Board Sponsors for their updates on current priorities and actions.



Questions and discussion

Technology enabled care (TEC) can support better health outcomes and promote good system flow across Integrated Care Systems (ICS).

There is an opportunity to extend the use of HCC's Award winning Argenti TEC Service to address immediate pressures and support system recovery plans, as well as longer-term goals.

Argenti consistently delivers tangible improvements and evidenced financial benefits. Benefits to the healthcare system are shown aside.

A system approach to funding and planning of TEC services can support the Ageing Well agenda and keep even more people out of hospital by:

- Avoiding unnecessary hospital admissions and improving flow, in particular on the emergency pathway
- Promoting self-care and early preventative action by promoting Private Pay TEC through PCNs and social prescribers
- Provide risk mitigations and for patients on pre and post-operative elective pathways e.g. falls detectors for people on MSK pathways

